

AFRICAN MANGO

What is AFRICAN MANGO? (*Irvingia Gabonensis*) This amazing 'super fruit' differs from other mangos, producing a peculiar seed which natives of Cameroon refer to as "Dikka nuts.". One of the best old/new discoveries around for aiding in weight loss and the illnesses associated with obesity. It can help stimulate fat hormones to burn fat, suppress appetite cravings, give you more energy, control & increase the body's production of the hormone leptin, (a hormone responsible for regulating the metabolism and appetite in humans) and lower cholesterol all while remaining stimulant free.

African Mango Benefits: A MUST FOR OVERALL HEALTH IF YOU ARE CARRYING EXCESSIVE BELLY FAT

- Decrease body weight quickly
- Reduce body fat up to 6%
- Increase Metabolism
- Reduce Belly Fat and Waist Size up to 6 inches
- Support Healthy Cholesterol Levels
- Control Appetite

Other Ingredients in AFM formula:

L-ARGININE (Amino Acid) Obtained naturally in the diet. Needed for the production of protein, Helps rid the body of ammonia (a waste product) and stimulates the release of insulin.

L-CARNITINE (Nutrient) Helps turn fat into energy. Produced in liver and kidneys, stored in the skeletal muscles, heart, brain, and sperm. Carnitine helps reduce oxidative stress. Carnitine helps treat fatigue & improves exercise performance.

L-GLUTAMINE (Amino Acid) one of the most abundant in circulation. Actively transported, & metabolized in nearly all tissue. Glutamine is a major fuel & energy source for the entire body.

Stabilizes Blood Sugar & Decreases Alcohol Cravings and Important For Muscle Function & Metabolism

L-ORNITHINE (Amino Acid) The most potent, stimulating the production and release of Human Growth Hormone (a powerful rejuvenator) from the pituitary gland. Associated with reversing aging up to 10 to 20 years.

MACA (Root) Organically grown, considered to be a true ADAPTOGEN- and aggressively touted as the "superfood of the Andes". Maca root helps rebuild weak immune systems, increases energy and endurance.

NIACIN (B Vitamin) Occurs naturally in plants and animals, used to lower cholesterol and triglycerides in the blood, lower the risk of heart attack in people with high cholesterol who have already had a heart attack.

AFRICAN PYGEUM (*Prunus africana*) African evergreen plum tree native to higher elevations of southern Africa. Useful in treating prostate problems (men) and incomplete bladder emptying (women) increases risk of bladder infections.

BETA-ALANINE (Non-Essential Amino Acid) The only naturally occurring beta-amino acid. Obtained through ingesting the beta-alanine containing dipeptides: carnosine, anserine and balenine, rather than directly ingesting beta-alanine. Dipeptides are found in protein rich foods such as chicken, beef, pork and fish.

DI Water--Deionized Water—purified water
USP Alcohol—Preservative

**Medical Disclaimer: We recommend that you consult with your medical provider before starting any new wellness/weight loss program or begin taking supplements/nutritional products/homeopathics. Anyone utilizing the HCG protocol should consult with their physician and keep them informed of their progress. www.Lose1baDay.com is not a medical organization and does not offer any medical advice or diagnosis. You are following the protocol at your own risk and www.Lose1baDay.com accepts no responsibility for any damage or health issues as a result of following Dr. Simeon's HCG protocol or using homeopathic HCG WLF.